

# Doctors Consultation

## Information for Young People

When visiting your doctor for a consultation there are certain things that must happen on both sides to make the visit successful.

There are certain things that you should expect from your health professional, they include:

- Treating you with respect and as an individual
- Providing you with information in a way that you can understand
- Involving you in the decisions about your treatment
- Listening to you and encouraging you to ask questions
- Respecting your privacy and confidentiality

There are certain things you need to do at each visit, they include:

- Arriving on time
- Saying what you think and being honest
- Knowing your treatment and if you need a prescription
- If you don't understand something ask to have it explained to you again.

### Reference/s:

Livingston W., (2005) GMCT Transition: Getting Connected. Information for Young People